

PERSONAL DISCIPLESHIP PLAN (PDP)



WHAT IS A PERSONAL DISCIPLESHIP PLAN?

A PDP is the best tool we have for the most important thing, which is looking more like Jesus. It helps us mature as disciples and live out God's calling on our lives by crafting a plan to take tangible, specific next steps as we follow Jesus.

It's also a great way for us to practically live out our four commitments as a church - Live for Jesus, Live as Family, Live on Mission, and Live to Multiply. For that reason, on the pages that follow you'll find some questions and prompts related to each commitment. As you engage these, your PDP will take shape.

To help, we've included some resources and tips at the end of this document for each commitment. And here are some tips for you as you engage the process of making a PDP:

- **Pray:** Before you fill out your PDP, pray. Ask God to help you.
- **Remember the Gospel:** God is for you because of Jesus' performance, not your own.
- **Be Brief:** Brevity is good. Keep your PDP short and sweet.
- **Be Specific:** Specificity helps you know where you are at in terms of your goals.
- **Fill in the Blanks:** Simply fill in the blanks that follow to fill out your PDP.
- **Revise and Look at Your PDP Regularly:** Print it out. Put it on your Device.
- **Share your PDP:** Find someone to ask you how your PDP is going (see "Next Step").



MY PERSONAL DISCIPLESHIP PLAN

LIVE FOR JESUS

This section focuses on Bible reading, prayer, and an area of your life that you feel God might want you to focus on as you seek to live for Jesus.

Bible

- This is my Bible reading plan (for ideas, see suggestions at the end of this PDP): _____

- I want to read the Bible _____ times per week
- I want to read the Bible _____ minutes per day
- I want to read the Bible during this time slot during the day _____

Prayer

- I want to set aside time to pray for _____ minutes per day
- I want to pray during this time slot during the day _____

Focus

- What is 1 area of study, sin, skill or growth that God might want you to focus on: _____

- How will you focus on this 1 area _____



LIVE AS FAMILY

This section focuses on engaging with Redeemer through being in Biblical community, serving, & giving financially.

- How will you be in engage biblical community (a Gospel Community or Discipleship Group are great options):

- In what way(s) do you want to or could you serve Redeemer?

- How much would you like to give financially to Redeemer to support the mission?

LIVE ON MISSION

This section focuses on sharing the Gospel and serving our city/county.

- What neighborhood(s), area(s), culture, or people group(s) do you want to live on mission toward?

- Who is your One More that you will pray for and hang out with regularly, in hopes that they meet Jesus?

LIVE TO MULTIPLY

This section focuses on being and making disciples **that** make disciples, and planting churches **that** plant churches.

- Do you think you need to primarily focus on being discipled or discipling someone else? Get practical and tangible by writing what you'll do (For example, "I will ask _____ to disciple me," or "I will disciple _____," or "I will _____ by _____ to learn how to disciple someone.")

- How will you support church planting and church multiplication? Again, get practical and tangible by writing what you'll do (Examples: "I will pray for _____ church planting team," or "I will give to _____ church planting team," or "I will pray for God to raise up the next Redeemer church plant and about being a part of it").



A NEXT STEP

Sharing your PDP with someone else helps with encouragement and accountability.

Who is 1 person you are going to share your PDP with: _____

By what date are you going to share your PDP with this person: _____



RESOURCES

HOW TO USE THESE RESOURCES

We want to provide some resources for you to include in your PDP. We know that sometimes we have good godly desires, but we don't know what to do with that, where to go, what to look for, or what resources to check out. We have compiled a brief list of resources for each of our 4 commitments. Click on the links below to take a look at resources that might interest you. Feel free to add some of these resources to your PDP.

LIVE FOR JESUS

Below are some Bible reading plans for people at all stages of life, spiritual maturity, etc. We have also provided a list of books, and you might find a few of them that catch your interest. The underlined links are click-able.

Read the Bible In Multiple Years

- [3 Year Plan](#)
- [Robert Murray M'Cheyne Plan](#)
- [2-Year Plan](#)

Read the Bible in 1 Year

- [5-Day Bible Reading](#)
- [ESV Bible Plan](#)
- [52 Week Plan](#)
- [Chronological Bible Reading](#)
- [Discipleship Reading Plan](#)

Read the Bible at Your Own Pace

- [Flexible & Color-Coated](#)
- [5 Minutes a Day New Testament Plan](#)

Resources to Help you Read the Bible

- [Well-Watered Women](#) (Online & Book)
- [The Bible Project](#) (Online: includes video)
- [Knowable Word](#) (Book)
- [How to Read the Bible for All its Worth](#) (Book)
- [God's Big Picture](#) (Book)

Topics and Areas of Focus

- [The Gospel](#) - Ortlund (Gospel & Gospel Culture)
- [King's Cross](#) - Keller (Gospel)
- [Jesus Outside the Lines](#) - Sauls (Mission)
- [Habits of Grace](#) - Mathis (Spiritual Disciplines)



- [Do More Better](#) - Challies (Time Management)
- [You Can Pray](#) - Chester (Prayer)
- [Women of the Word](#) - Wilkin (Bible)
- [Systematic Theology](#) - Grudem (Doctrine)
- [Christian Beliefs](#) - Grudem (Doctrine)
- [Crucial Conversations](#) - Patterson (Social)
- [Liturgy of the Ordinary](#) - Warren (Ordinary Life)
- [Ideal Team Player](#) - Lencioni (Social)
- [Who Am I](#) - Bridges (Identity)
- [Relational Soul](#) - Plass & Cofield (Relationships & Self Awareness)
- [Discipleshift](#) - Putman (Discipleship)
- [Developing the Leader Within](#) - Maxwell (Leadership)

LIVE AS FAMILY

Our church is a family. We need each other. What if we believed that everyone had something to offer? Whether it's skills, passions, time, experience, etc. And for all of us, God calls us to give sacrificially, so we included financial giving link in this section too.

Serving

- Click [HERE](#) for some ideas of ways you could serve
- Email paul@redeemernw.org and request the Mobilization Questionnaire

Giving

- There are 4 easy ways to give: 1) Online, 2) In person on Sundays, 3) Mail, 4) Text-to-Give
- Click [HERE](#) for instructions to give to support the mission of Redeemer

LIVE ON MISSION

This section focuses on sharing the Gospel and serving our city/county. But how do you know where to be “on mission?” There are plenty of places or people you could be on mission toward. Check out the questions below to help you get started.

Questions that Might Help you Be on Mission

- What neighborhood do you live in?
- How has God put you in the place you live for the good of those around you?
- What neighbors don't know Jesus?
- Where do you work?
- How could you be on mission with a co-worker?
- Do your kids play on any sports teams? Could you be on mission here?
- Do your kids do any hobbies or have any interests? Could you be on mission here?
- Who is someone in your life who doesn't know Jesus that you would like to meet Jesus?



- Do you work out or do any physical activity at a certain place? Are there missional opportunities with people there?
- What non-christians do you see regularly?
- What school(s) do your kid(s) go to?
- Are you involved in any community or neighborhood groups?

LIVE TO MULTIPLY

This section focuses on being and making disciples *that* make disciples. How do you know who to invest time in? Who do you want to disciple you?

Questions that Might Help you with Discipleship

- Who are a couple people in the church that you look up to as a follower of Christ?
- In what ways do you want to grow in your faith? Who could you ask to help you grow?
- Who is hungry to learn?
- Who is teachable?
- Who has available time for you to meet with them?

Some Books on Discipleship

- [Discipleship Essentials](#) - Oden
- [Discipleshift](#) - Putman (Discipleship)
- [Insourcing](#) - Pope (Discipleship)
- [The Walk](#) - Smallman (Beginners Discipleship)

A NEXT STEP

You are done with your PDP. Or, at least a good first draft. So, what's next? Good question. Sharing your PDP with someone else helps with encouragement and accountability.

Some Questions that Might Help You Figure Out Who to Share your PDP With

- Who is someone you could ask to ask you the question, "How is your PDP going?"
- Who is someone who cares about your faith or would encourage you in your walk with Jesus?
- Is there anyone in your GC who you could ask to share your PDP with them?
- Who is discipling you? If someone is discipling you, that might be a good person to share your PDP with.
- Are you discipling anyone? If so, consider sharing your PDP with the person you are discipling. You could even swap PDPs.

CONTACT OR HELP

Feel free to contact paul@redeemernw.org if you want help with any of the following:

- I would like help learning how to disciple someone
- I would like help finding someone who could disciple me or finding someone I could disciple
- I want some help with my PDP